

◆ LEADERSHIP PROGRAMME SCHEDULE (SAMPLE)

Time	Programme
8.00am – 8.15am	<p>Briefing</p> <ul style="list-style-type: none"> To highlight objectives of the Workshop and introduce the facilitators <p>Grouping</p> <ul style="list-style-type: none"> Students will be grouped according to their class. There will be 2 groups in every class. 1 facilitator will be in charge of every group.
8.15am – 9.15am	<p>Session 1 – Introduction to ‘Self-Management’</p> <ul style="list-style-type: none"> Importance of Self-Management Goal Setting <ul style="list-style-type: none"> - What are goals? Long & short-term & SMART goals - Effective goal setting exercise Time management <ul style="list-style-type: none"> - Top 10 Rules of Time Management - Time in a Bottle exercise Experiential Learning Activities <ul style="list-style-type: none"> - Paper Aeroplane Factory
9.15am – 9.20am	Break
9.20am – 10.00am	<p>Session 2: Introduction to ‘Self Awareness’</p> <ul style="list-style-type: none"> Importance of Self Awareness Experiential learning activities <ul style="list-style-type: none"> - Name Game Leadership Styles in Youth <ul style="list-style-type: none"> - Students to identify 3 individual leadership styles, its attributes, advantages and disadvantages - To share skills possessed by successful youth leaders

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To enquire more about our **Leadership Programme**, please contact us @
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